Quality Quick Tips

MARCH 2024

CONTROLLING HIGH BLOOD PRESSURE (CBP)

McLaren HEALTH PLAN

The **Controlling High Blood Pressure (CBP)** measure is defined by HEDIS as assessing your patients age 18-85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90 mm Hg) during the measurement year (most recent blood pressure is used for this measure). Your patients are included in this measure if they had two or more visits on different dates of service with a diagnosis of hypertension during the measurement year or the year prior to the measurement year.

Using Correct Billing Codes:
It is important to use correct billing cods to capture this measure in your encounter.

Description	ICD-10 code
Hypertension	I10

Codes to Identify Blood Pressure include:
(Note: include a code for both diastolic and systolic blood pressures in order to be compliant for HEDIS)

Description	CPT II Code
Diastolic = 80-89	3079F
Diastolic >= 90	3080F
Diastolic < 80	3078F
Systolic >= 140	3077F
Systolic < 130	3074F
Systolic 130-139	3075F
History of Kidney Transplant	ICD-10 Z94.0

TIPS TO IMPROVE HEDIS SCORES:

- Take 2 or more BP measurements if initial BP is >140/90.
- Ensure that the patient has feet flat, sitting in upright position and the appropriate size cuff is used.
- Rest in between measurements for at lease 2 minutes with the patient seated.
- Use equipment that is the appropriate size for the patient and that has been regularly calibrated.
- Review hypertensive medication history and patient compliance and consider modifying treatment plans for uncontrolled blood pressure as needed. Have patient return in 3 months for follow-up.
- Encourage out of office BP measurements with communication of results, frequent checks for accuracy and lifestyle and medication adjustments. Home readings are often 5 mm Hg lower than in the office.

Thank you for the quality care you deliver!

PCP Feedback (Please print) Comments, requests, questions, etc.: FAX to **810-600-7985**

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